

BUILD A BOAT

TEAM BUILDING



PROGRAM DESCRIPTION

This Teambuilding Program on the beach or lake, has the best to educate and experience moments of growth and fun activities in a different environment. Today we know that the environment around a teachable moment, is crucial to the effectiveness of the proposed imparting education. This program



not only provides lots of fun and unique moments between participants, also provides the opportunity to live structured experiences and aim to address the domains related to teamwork. Participants will experience a day of fun activities where their best skills has to emerge to meet established goals. At the end of the program, participants will reflect before their accomplishments and look for ways of how to apply those experiences to the work environment that occupies.

OUR CLIENTS

- Univ. del Sagrado Corazón
- CitiGroup Corp.
- Club Cívico de Damas
- Guidant Inc.
- Universidad Interamericana
- Hewlett Packard
- Baxter
- Levitt Homes
- Movistar
- General Electric
- Johnson & Johnson
- Seamless Textile
- BBVA
- Coors Light Brewery
- Panasonic
- Celestica
- Cordis
- Janssen Ortho McNeil
- Medical International
- Terra Campestre
- Pfizer
- Procter & Gamble
- AmeriCorps
- American Medicare
- OutwardBound
- Borschow
- MC Donalds
- San Juan Cement
- Inmediata
- Bristol Mayer Squibb
- Abbott
- Atento de PR
- Automeca
- Phillip Morris
- Texaco
- First Bank Insurance
- First Bank
- Bionuclear
- Sony
- Mech-Tech
- Humana
- Empresas Santillana
- Fembi Mortgage
- Fundación Comunitaria
- Aspen Surgical
- Hill Brother's Inc.
- Warnen Chilcot
- Mattel
- M&T Law Office
- Scotiabank
- Nokia
- Walmart
- Bard Shannon
- Rubbermaid
- Microsoft
- El Nuevo Día
- Dupont Pioneering
- BBDO
- Gurabo Coop
- First Bank



TEAM *building*

Corporate Programs

Why is it that every day more companies invest in the development of their employees by corporate programs and/or team work activities? The answer is simple, the directors and business

leaders acknowledge that learning doesn't always occur cognitively; instead, it involves the individual as a whole. Then, promoting team work is a priority



for lots of companies nowadays.

To conduct and develop our Corporate Programs so that we can maximize the knowledge that our clients will acquire we use educational theories and strategies that provides us the tools needed to instruct them effectively. The researches demonstrate that team work based on experience, which are practiced appropriately, are far more effective than traditional methods.

The role of our facilitators is to *facilitate* the collective developmental process with positive learning environment, clear objectives, good learning resources, emotional and intellectual balance, reflection periods and to analyze and evaluate the experiences lived with the participants.



How does the Work Teams benefit?

1. Improve communication
2. Improve problem solving skills
3. Promotes interpersonal relationships
4. Reduces the work related stress
5. Help the team to work effectively, in a timely matter and to make plans
6. Opportunity to develop leadership roles
7. Improve the efficiency and knowledge among the team
8. Improve the confidence and encourage that everyone knows each other
9. Motivates and energize the team based on the vision and goals of the company





Adventure based Corporate Programs

Every company faces situations that over and over again translate into weak relationships among their members. All over the World the Corporate Programs, especially those based on adventure and experience, are a growing phenomenon that has served to support the efforts of those who work to promote a better relationship among team members.

It's common practice among organizations to participate in these programs, just a Department or the whole company, at least once a year. One of the main reasons is because managers and executives recognize that this events and activities are able to create positive results among the members.

There is still doubt in understanding the concept Teambuilding. As a result, most of the programs available end being just a sightseeing experience, a vacation weekend or a fun day. The thing is, a Teambuilding is much more than that is more than just a field day for

employees. Definitely, they are fun, everyone play games, and they enjoy the experience and laugh all together, which will affect positively the participant point of view and interpersonal relationships. Also, the participants will experiment challenges that will inspire, energize and refocus them. But, all the fun a teambuilding offers is based on an educational process based on experience which goal is that the experiences lived served them as a learning process that will be available for them to transfer to their work environment.

To accomplish the general purpose of experiment, learn and transfer the knowledge to the work environment, in Aire Libre® we have experienced facilitators in this type of programs. The facilitator is in charge of creating a sense of community among the group that will lead to break the barriers, motivate the interpersonal and intrapersonal development and

inspire the group to reflect, and see the challenges and frustration as learning and growing opportunities.

Every program is design to fill the needs of our clients. The teambuilding can be outdoors or in a conference room, depending of our client preference. During the process, we have meetings in order to refine the product and make sure it meets with the objectives and expectations of our clients. Also, we know that many companies don't have the time to celebrate exclusive sessions of Teambuilding, that's why the program can be integrated to workshops and trainings and be conducted in hotels, meeting or convention centers, or someplace previously determined.

Contact us, give your team work the opportunity to live experiences that are different and can revitalize and redirect the relationships among them and in the work environment.



"When I get here I never imagine what it would be like. Participating in this program help me put down barriers, achieve more and never give in when a new challenge is presented"

Edwin Calo - Medical International

TEAM *building*

What is the Program about?



Our Corporate Program based on adventures and experiences offers a wide variety of proven activities especially design to develop the skills that your team needs to be successful. The structure of the program is based in a series of initiatives/activities that lead the team to decision making, problem solving, effective communication, demonstration of leadership styles and motivation. Then, the group will experiment a work shift environment in which the participants establishes

and follow common goals, a place where they

support each other to be successful. When the group lives a series of experiences altogether they realize they are a team and they can be successful if they have that goal.

Adventures

If the word adventure only provoke images such as climbing, camping or mountain biking, pause, and imaging then how is the activity done. The Corporate Program becomes an adventure for his participants only if there exist an element of surprise, if the activities leads to a situation in which they have to “do things” they’ve never done before or things they thought they’ll never do. In other words, the program activities are not known for the participants, this creates an element of surprise, equality and uncertainty among everybody.

The team is the engine of the Program

The team must project their skills, leadership and decision making process so that the experience becomes a successful one. This learning experience occurs “in situ” in which cause and effect are close to each other and the time is limited. Then, the knowledge is generated to improve the team



work, communication and to solve problems collectively. In the last period of the program the team will have guided and opened discussions based on how to transfer the skills learned or rediscovered to the working environment.

TEAMBUILDING ACTIVITY



Build a Boat

Using the materials provided, each team has to build his own boat. Building a boat requires a lot of teamwork from design to creation. The main material for building the boat is cardboard. The team will need their best skills to make a plan and use several strategies that lead them to the manufacture of the boat. Once finished with the planning period, they have to immerse itself in the task of build the boat. It is important that the boat have waterproof properties and

can withstand a participant inside. A participant will have the task of being the Captain of the ship. It will be chosen by the team. Once ready and with the boat in the water, the Captain will have to navigate through a route indicated using a paddle. If the ship can survive the journey, it demonstrate the working skills of the team. At the end of the activity, this whole experience will be used to reflex and find ways to transfer them to their lives and work environment.

TEAMBUILDING ACTIVITY

Recommendations

Overall, this activity may be performed with light, flexible and comfortable clothing. Remember that we will be on the beach performing skills, so getting wet is inevitable. Being Outdoor, we are also exposed to rain, insects, getting dirty with mud and sand, falling, rolling on the ground and more ...

List of Recommendations

- Take a backpack where you can store your belongings during the activity.
- Use swimsuit.
- Apply sunscreen half an hour before sun exposure.
- Use water shoes, closed tennis or flip flops.
- There are showers, takes towel and change of clothes for when you finish the activity.
- Bring insect repellent.
- It is very important to bring your medications with you.
- It is highly recommended that you eat a good breakfast/lunch before arriving at the place of activity.
- Do not forget to bring your camera, hat and sunglasses.



TEAMBUILDING PHOTOS



TEAMBUILDING PHOTOS



Aire Libre Inc.